

# AMR and HAIs

Antimicrobial Resistance and Healthcare Associated Infections

“The ability of a microorganism to stop an antimicrobial from working against it. As a result, standard treatments become ineffective, infections persist and may spread to others.” (WHO)

## The Cause

While AMR occurs naturally over time, its progression has been accelerated by the misuse and overuse of antimicrobials.



**1 in 3** bacteria associated with HAIs is resistant to antibiotics *ECDC, 2018*



**30%** of oral antibiotics prescribed in the US are unnecessary *PEW, 2018*

## The Consequences

Human & Healthcare



Each year, **33.000** people die from an infection due to bacteria resistant to antibiotics *ECDC 2018*

Heavy Economic Burden

**€1.1 billion**

Estimated annual cost to the healthcare system in the EU/EEA countries. *OECD 2019*

## What can medtech do?

Medical technology has a role to play in reducing AMR and preventing HAIs.

**Prevent and contain healthcare-associated infections** and the development and spread of resistant bacteria.

**Examples of technologies:** coated sutures and implants, impregnated incise drapes, predictive monitoring, alcohol-based antiseptic and proper hand disinfection, and single use duodenoscopes.



**Detect and identify bacterial infections and their susceptibility** to medication, therefore avoiding the misuse or overuse of antibiotics.

**Examples of technologies:** Point-of-Care C-reactive protein test and Strep A pharyngitis rapid test.



**Guide treatment duration and enable patient compliance** to the appropriate use of antibiotics.

**Examples of technologies:** monitoring of immune biomarkers, real time molecular tests and digital health solutions.



### **Outbreak management and surveillance.**

Hospital and healthcare facilities can compile data from diagnostic tests to track antimicrobial resistance patterns. This is also vital for the effective implementation of antibiotic stewardship programmes.

**Example of technologies:** clinical surveillance software, next generation sequencing-based technologies.



**Help new antibiotic drug development** by supporting the recruitment of appropriate patients for clinical trials.



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